

Nyoman Wahyuni E-RYT500

Yuni - Lead Teacher

Nyoman Wahyuni was born in a Hindu family, where the practice of Karma and Bhakti Yoga is a daily practice of life. Yuni was first introduced to yoga around 25 years ago during her study in university. Then, her focus was merely a simple asana practice that supported the meditation practice. And after completing her formal education, Yuni received a diksha (initiation) from Ananda Marga Tantra Yoga which included meditation, asanas, philosophy and lifestyle.

With a desire to be a teacher, Yuni took up various yoga teacher including prenatal yoga by Pujiastuti Sindhu, Yoga Pranala by Linda Madani, Yin Yoga by Jo Phee, Joe Barnett and Sarah Powers and other trainings outside of yoga school to support her understanding about the yoga practice, and has been teaching yoga since 2007.

In 2012, Yuni attended a Yin Yoga workshop, and instantly fell in love with it. The following year, she embarked on the Yininspiration 200 hours Yin Yoga teacher training in Ubud, Bali. It was an eye opening experience for her. The teacher training made her realize her love for the quiet and meditative practice of Yin. Since then, she has taught Yin Yoga not only in Bali but all over Indonesia.

Yuni has completed the 300hrs Speciality program with Yininspiration and is a 500 hours "Certified Yininspiration Teacher". She regularly assists Jo Phee in her trainings and is currently serving as a Mentor Teacher for Yininspiration. Yuni resides in Bali with her family but actively travels all of Indonesia to deliver Yin Yang Yoga Teacher Trainings and workshops. And now she also deliver the yoga teacher trainings through an online system.